

## APRIL 2025 Calendar of Events

- 1 Exercise Class, 9:30-10:15, by Peggy or Marie  
Hand and Foot card game, all day till 3:00  
AARP Tax-Aide, 6:00-8:00 pm
- 2 Dominoes, 9:30-3:00, Everyone Welcome!  
Foot Care Clinic all day, by appointment only
- 3 **Center Closing Early at 1:30!**  
Super Samba card game lessons, 9:00, Doris Grippo  
Exercise Class, 9:30-10:15, by Peggy or Marie  
Bible Study, 10-11:00, by Joey Crosnoe  
Raffle, 11:45
- 4 Hand and Foot card game, 9:00  
Chair YOGA, exercise, 9:30, by Jan Cannon  
Bingo, 12:30, Sponsored by Edward Jones, Tim Domian  
**Center Closing Early at 1:30!**
- 7 Mahjong lesson 9:00 am, Learn to Play! Doris Grippo  
Bridge, 12:30-3:00, for players who already know how to play Bridge
- 8 Hand and Foot card game, all day till 3:00  
Exercise Class, 9:30-10:15, by Peggy or Marie  
AARP Tax-Aide, 6:00-8:00 pm
- 9 Dominoes, 9:30-3:00, Everyone Welcome!
- 10 Super Samba card game lessons, 9:00, Doris Grippo  
Exercise Class, 9:30-10:15, by Peggy or Marie  
Bible Study, 10-11:00, by Joey Crosnoe, in the Board Room  
Raffle, 11:45
- 11 Hand and Foot card game, 9:00  
Chair YOGA, exercise, 9:30, by Jan Cannon  
Bingo, 12:30, Comfort Keepers
- 14 Mahjong lesson 9:00 am, Learn to Play! Doris Grippo  
Bridge, 12:30-3:00, for players who already know how to play Bridge  
Board Meeting, 12:45
- 15 Hand and Foot card game, 9:00 to 3:00  
Exercise Class, 9:30-10:15, by Peggy or Marie
- 16 Foot Care Clinic, all day by appointment only  
Dominoes, 9:30-3:00, Everyone Welcome!
- 17 Super Samba card game lessons, 9:00, Doris Grippo  
Exercise Class, 9:30-10:15, by Peggy or Marie  
Bible Study, 10-11:00, by Joey Crosnoe  
Raffle, 11:45
- 18 Center Closed for Good Friday
- 21 Mahjong lesson 9:00 am, Learn to Play! Doris Grippo  
Bridge, 12:30-1:30, for players who already know how to play Bridge
- 22 Hand and Foot card game, 9:00  
Exercise Class, 9:30-10:15, by Peggy or Marie  
Bingo, Southern Care and Comfort, 12:30
- 23 Dominoes, 9:30-3:00, Everyone Welcome!
- 24 Paper Shredding Event! Secure and certified safe! FREE event! 10:00-1:00  
Super Samba card game lessons, 9:00, Doris Grippo  
Exercise Class, 9:30-10:15, by Peggy or Marie  
Bible Study, 10-11:00, by Joey Crosnoe  
Raffle, 11:45
- 25 Hand and Foot card game, 9:00

- Chair YOGA, exercise, 9:30, by Jan Cannon  
Bingo, 12:30, Sponsored by Crown Hospice  
28 Mahjong lesson 9:00 am, Learn to Play! Doris Grippo  
Bridge, 12:30-1:30, for players who already know how to play Bridge  
29 Hand and Foot card game, 9:00 to 3:00  
Exercise Class, 9:30-10:15, by Peggy or Marie  
30 Dominoes, 9:30-3:00, Everyone Welcome!

#### OUR SENIOR CENTER HAS SADLY LOST A BOARD MEMBER

Recently our senior center lost a valuable board member in Debra Johns. Debbie has served on our Board of Directors for nearly 10 years and has served as the Center's Memorial Gift Secretary for many years. Debbie was an accountant and helped with monthly financial audits of the board treasurer's reports.

Debbie passed away very suddenly and unexpected and we all express our sincere sympathy to her son, Coltan.

#### SECURE PAPER SHREDDING EVENT APRIL 24

The Cape Senior Center is sponsoring a FREE paper shredding event on Thursday, April 24, 10:00am - 1:00pm in the front parking lot. Please remove paperclips and large clips on your papers.

This is a great time to clean out old records that are no longer needed, such as tax returns, banking information, insurance files, financial records and information, etc.

Regular recycling is not the purpose of this event, that can be recycled through the city.

#### NEW!!! MAHJONG GAME LESSONS ON MONDAYS, 9:00 AM

Doris Grippo will be teaching MAHJONG lessons on Mondays at 9:00 am! We are excited that she brings this new game to us, and we hope we'll have many people come and attend.

We owe a huge THANK YOU to Doris for bringing her knowledge and skills to us, as well as her willingness to teach! Thank You, Doris! Now, let's fill the tables for her!!!

#### SUPER SAMBA CARD GAME TO BE TAUGHT ON THURSDAYS

Doris Grippo will also be teaching us a new card game called Super Samba. It is much like Hand and Foot, so all of you Hand and Foot players, come on in and learn this new twist, as well as ANYONE who would like to learn a new game. Hand and Foot is such a FUN game, so Super Samba must be a blest!

This group will meet on Thursdays at 9:00 am in the card playing area.

#### LIBRARY HAS MANY NEW ITEMS, INCLUDING A DVD SELECTION

The Senior Center was recently gifted a collection of DVD's for your enjoyment. You can BORROW these movies and return them when you are finished.

Do you have DVD's you no longer watch or would like to donate to our DVD Library? Please bring them in and our new Librarian, Terre, will shelf them and get them out for you to borrow and take with you.

The Library can also use books that you no longer need or want. Please bring in any books you would like to share with others who might like to borrow them from the Center.

#### TOENAIL CLINIC IS BY APPOINTMENT ONLY

Just a reminder that the Toenail Trimming Clinic is by appointment only. Please do not show up the day of the clinic and expect to be "worked in" or to be added at the end of the day. Appointments are made in advance and can be made in the office.

#### SPRING CLEANING AND DONATIONS TO OUR CENTER'S THRIFT SHOP

As you change over your clothes to a new season this Spring, remember our Thrift Shop with any donations you might have for the center's ongoing fundraiser.

We will take anything except old electronics and large furniture items.

Step inside the Thrift Shop and take a look around. You never know what you might find.

Your senior center is always in need of your time and resources. Please let your family know when making your final arrangements that you would like your memorial gifts left to the senior center as a lasting memory upon your passing.